



Alaska Safe Riders offer survival tips

by Warrior Weekly Staff



Alaska Safe Riders Director Mike Buck holds up a neoprene jacket as an example of the proper outdoor gear.

The Alaska Safe Riders Group visited BRHS Tuesday to impart crucial information about how to stay safe riding ATVs, ROVs, and snowmachines in the tundra and other terrain in the state. Mike Buck, the director, and Dan Vandemeuller presented safety tips to students and handed out some outdoor safety gear such as helmets and goggles.

Both presenters are experienced outdoorsmen and experts in survival. They brought energy to the presentation by involving student volunteers in survival demonstrations and showing visuals on the large screen. They also gave away top of the line helmets to lucky students.

The knowledge they shared included wearing the proper clothing, including helmets to prevent head injuries; staying fueled and hydrated to help prevent frostbite; and knowing how to get out of cold water submersion situations. In this case, Director Mike Buck said to follow the “1-10-1 rule.” You have 1 minute to calm down and control your breathing, 10 minutes to get out of the water, and 1 hour to get warm. They also stressed having a trip plan and developing an emergency kit with tools such as duck tape, rope and a hatchet. Students and Bethel community members can find the above information and more on the Alaska Safe Riders website: <https://alaskasaferiders.com>.

Dan Vandemeuller helps a BRHS student try on a helmet.



Medical Terminology students dissect cats

by Mr. Mandras



Med Term students Payton Boney and Kendal Herron dissecting their cat. Photo by Kendal Herron.

As a teacher, I believe there is no substitute for the hands-on learning experience of dissection. The learning that takes place during a dissection is qualitatively different from the learning that takes place during a lecture or in a paper-and-pencil scenario. No model, video, graphic, or movie can match the curiosity, sense of discovery, surprise, and even awe that students experience when they uncover true structures in their own specimens.

Dissection is also significant because it:

- Teaches students about the interior structures of animals.
- Teaches students about the interrelationships of tissues and organs.
- Provides students with an understanding for the intricacy of creatures through hands-on learning.

We use cats because they have the most human-like anatomy of any animal. They have all our muscles and organs, and cats aren't too big or too small for what we need. Lastly, cat dissection is one of the most memorable and informative units in a high school biology course.

Students lost and found at BRHS

by Selena Echuck



Piles of student gear near the front office. Photo by Selena Echuck.

There is a lost and found by the BRHS front office. The lost and found is growing and growing with clothing and other items that students lost, replaced or forgot about. If you're missing something of yours look by the office .Lost items at high school include water bottles, sport jerseys, shirts, socks, shoes, sweaters, hoodies, jackets and backpacks.

Why are students losing their things or replacing them, especially when things in Bethel are expensive to get online or in stores? It is hard to find things you need that are your size and warm, so students please be responsible for your things, don't lose them or replace them because your family has worked so hard to save money and buy what you need to stay warm and to have things. So, be responsible, keep track of your items.

Mr. Jackson said, “Sometimes traveling teams lose track of their items with all the packing, moving and unpacking. You know how traveling can be. As far as the student body in general, here or elsewhere, I believe it is a matter of maturity and ownership. If the student purchased the item with their own hard-earned money, they would keep track of it better. If students would care for their other belongings like they do their phones, the lost and found would be empty.”

Principal Miner said,“There is lost and found so students can find their missing things. I think students are forgetful at times.” The unclaimed items will be donated to TWC or the community.”

ANSEP Experiences

by Justine Erickson-Bradney



ANSEP students attend classes and study at KUC. Photo by Justine Erickson-Bradney.

As a lot of you know there is an ANSEP program in Bethel that provides many opportunities for high school students. This week the current students would like to talk about their experience in the program and how it is helping their future. Isabella January said, “I have been a part of the ANSEP program since my freshman year of high school. I am a sophomore in high school and this is my second year in ANSEP. My experience in this program has been great, I enjoy learning and furthering my education.”

Another student, Allie Alexie said, “I have been attending ANSEP components every year since I was in the 6th grade; I am now a junior in my 2nd school year of the ANSEP Acceleration (Bethel) High School Academy. My experience so far has been absolutely amazing. I love the set-up we have here, and the schedule I have during the day throughout the school year. Though it can be stressful at times, it is definitely worth it. I love the challenge it brings because it pushes me to work harder and learn how to manage and adjust to different things all together. It really does bring a sense of what it feels like being in college, so I am grateful to have this early start.”

This semester a few new students who are eager to learn joined the program. Their names are Jahira Towner, Brandon Lee, Zach Wassilie, James Platts, Gus Erickson and Malinda Simon. Some of them would also like to share their experience in the program so far. Jahira Towner said, “I am a junior and I like this program because it puts me out of my comfort zone, prepares me for college and helps me to realize things about my work ethic.” Zach Wassilie, a senior, said, “I am enjoying this program so far because I have a lot of time to do my homework and be ahead in classes.” Brandon Lee said, “I've been in the ANSEP program for 2 weeks, right now I'm in the 9th grade and so far, everything's been pretty good, other than the part where registration was all messed up. But other than that, the overall experience was great.”

NHS
By Selena Echuck



NHS students take time to pose for a photo after a meeting about upcoming fundraisers with advisor Ms. Hamilton. Photo by Warrior Weekly Staff.

National Honor Society is doing a Valentine’s Day cookie sale here at BRHS soon. NHS is selling brownies, cupcakes, and plain or personalized cookies. They will sell them on Feb 14 before school from 8 to 8:45, during junior high lunch and high school lunch by the gym, and after school from 4 to 4:30 in the lobby.

Come to BRHS to get your love ones a treat for Valentine’s. What NHS is going to do with the money they earn is it will go to the NHS Chapter to help give back to the Bethel community. The prices for the cookies, brownies, and cupcakes are to be determined.

Please come get plain or personalized cookies and brownies and cupcakes for your love ones or friends or family. When you pay the treats make sure you say thank you to the NHS members because they worked hard to make cookies, brownies and cupcakes.



Example of what we are doing on the cookies.

2023 Update on JROTC Raiders
By M.K.

SFC Calvetti presenting to veterans at the Veteran’s Day Assembly earlier this year. Photo by Warrior Weekly Staff.



From January 11-31 the Raiders team that is traveling to South Carolina in February has been practicing on crossing the rope bridge because they need to practice on making the rope tighter so that when they glide across they don’t make it loose.

They are also working on getting in shape and having more strength to do pull ups, at the Gladys Jung in the gym. They do stretches, 10 laps around the gym, and 140-150 pushes flutter-kicks as a team to finish. They sprints back and forth, there is a close black line to half court to all the way and back. The first two male and females get to take a quick break as the others do the sprints.

I interviewed Sam Atchak, Cadet Captain, and Scott Kawagley:

How is raiders practice going?

Sam said, “It is going well, we got a good few weeks off.”

Cadet Captain said, “Raider practice is going well.”

Scott said, “It’s good but I have trouble waking up.”

Have you made any improvements?

Sam said, “Yes, I made improvements and we are still making improvements.”

Cadet Captain said, “Yes, I improved in the physical things that we had to do correctly.”

Scott said, “Yes, I have made progress.”

What is your favorite thing about Raiders?

Sam said, “My favorite thing about Raiders is that we cooperate, and most of get to travel.”

Cadet Captain said, “My favorite part about Raiders is I get to bother Sgt. Calvetti in the early morning and laugh with my teammates.”

Scott said, “Everything about Raiders is my favorite.”

I will now answer these questions myself, to me practice is going well, but I get tired in the early afternoon, I have made improvements, I can do one pull up, in the beginning of the November I could not even do a single one, but my new goal is 5 pull ups.

My favorite part is to do push-ups and attempting to do a pull up, and when I did one pull up I was proud of myself. I’m doing more push ups then I usually did, 15, but when I did it on my own time I manage to do 30.

Being on the Raider team has taught me to do many things I didn’t know I was capable of. Now I’m learning to be a part of a team and trying to talk to others than friends.

Varsity girls basketball team plays Barrow

by E. LaValle



Last weekend on Friday and Saturday, our varsity girls basketball team played home games against Barrow. They played hard, but lost both games by 5 points. The crowd was wild, because the games were so close.

Briella Herron said, “It felt extra challenging playing against Barrow, they are way taller than us. The crowd was the loudest I have seen for a girls game, but I stayed focused and wasn’t worried about what the crowd was doing. One of our strengths is that we get our energy from pressing.”

Ciera Harpak said, “It was challenging because we needed our big, Payton. Those Barrow girls are big and tough. The crowd was loud and cheering for us as usual. It made me feel motivated because I could hear all the Warrior fans cheering for us. One of our strengths as a team is always talking on the court.”

The next time our Lady Warriors play at the Warrior Dome, it will be for regions!

Varsity boys play @ Barrow

by Fannie Chaliak

Last weekend on January 28-29th, the BRHS varsity boys basketball team traveled all the way to Barrow. Our BRHS boys played their hardest, but were challenged by the Whalers and lost both games. The coach and some of the team members talked about their travel and their games, here are comments:

Coach Jung said, “We played hard, but made many fixable mistakes this past weekend. We will be focusing on fixing those mistakes in practice so that we can execute our game plan properly when we play against Barrow again at the regions in March.”

Ellis Johnson said, “We pushed the ball a lot and we transitioned like always. We got some good shots from it but mostly we were taking a whole bunch of quick shots. We were faster than them, more skilled but the Barrow boys were bigger than us, they definitely got more rebounds, and they played to their game.”

We will be having home games on Thursday through Saturday, come support the Warriors. Good luck boys!

JV boys & girls go to St. Mary’s

by Cleo Nicolai



Last weekend on the 25th of January our Bethel JV Warriors traveled to St. Mary’s. The boys played St. Mary’s, Mountain Village, Scammon Bay and Chevak. They beat St. Mary’s and Mountain Village, then lost to Scammon and Chevak.

The girls played St. Mary’s, Pilot Station and Chevak, won against Pilot Station, lost both to St. Mary’s and Chevak.

Jasey Pace said, “The trip to St. Mary’s was fun, they had good food. Chevak was the most challenging to play against because they’re like so sneaky at fouling and they just like to push.”

Keegan Thompson said, “The basketball games were fun to watch and play in. Scammon was the most difficult team to play against because they have good defense and offense, and they are fast.”

MaeLynn Fredericks said, “The trip was really fun. The first two days the weather was really nice, and then the weather got cold, snowy and windy. I think Chevak was the most challenging team because they had more advantages than us; they were taller and faster, and we have a younger team than they do.”

We will be having home games from Thursday to Saturday. Come and support our BRHS Warriors!

